

Women in Infrastructure Leadership

Dates: Thursday 18 and Friday 19 May 2023

Sydney Location: Laing O'Rourke, Level 21, 100 Mount Street, North Sydney

Course Agenda

DAY 1: Thursday 18 May 2023

9:00 am Arrival Tea and Coffee (30 mins)

9:30 am Welcome and Open with "TBA" (10 mins)

9:40 am Course Commence (80 mins)

Introduction (10 mins)

- Why we are here
- Contributing
- Course Overview: Outcomes & What to expect
- Facilitator introduction
- Who's in the room

Section 1 – Culture Upgrade (20 mins)

- Infrastructure Culture, Challenges & Women's Patterns
- What female leaders in the industry say

Interactive 1 – Agents of Change (30 mins)

Evaluate how the patterns discussed and evaluate how they might be impacting their careers and professional life.

Section 2 – Emotional Intelligence (20 mins)

- Leadership and Emotional Intelligence
- The importance of navigating emotions
- Working with fear and limiting beliefs

11:00 am Morning Tea (15 mins)

11:15 am Course Recommence (75 mins)

Interactive 2 – Emotional Self-Management (40 mins)

Practice bringing up different situations to stimulate, feel and process different emotions.

Section 2 – Emotional Intelligence (35 mins)

- The link between emotions, needs & boundaries
- Getting our needs met – basic and higher-order needs

12:30 pm Buffet Lunch (30 mins)

1:00 pm Course Recommence (105 mins)

Interactive 3 – Belief Management (40 mins)

Identify and reframe limiting beliefs that affect their professional life and leadership capacity.

Section 2 – Emotional Intelligence (10 mins) Cont. Leadership anchored in self-awareness, self-love, authenticity

Interactive 4 – Your Vision & Legacy (45 mins)

Connect and tap into the bigger picture of your life, your purpose, strengths, & passions.

Section 3 – Your Personal Brand as a Leader (10 mins)

- Leadership anchored in self-awareness, self-love, authenticity

2:45 pm Light Afternoon Tea (15 mins)

3:00 pm Course Recommence (60 mins)

3:30 pm Women's Panel Discussion

- Barriers that prevent them from moving forward
- Challenges & fears they had to overcome
- Pathways, roles progress in the industry
- How does one come by CEO experience to become a CEO?
- Stories of other women in the industry
- Q&A

4:00–6:00 pm Industry networking drinks (120 mins)

DAY 2: Friday 19 May 2023**9:00 am** Course Commence (120 mins)**Interactive 5 – Mingling & Integrating (15 mins)**

Women get to refresh and discuss learnings from yesterday's session.

Section 4 – Self-Advocacy (35 mins)

- Self-advocacy, your personal brand & showing up your vision
- Communicating upwards
- Negotiation skills & assertive communication

Interactive 6 – Asking Big (70 mins)

Prepare and role-play powerful negotiation practices.

11:00 am Morning Tea (15 mins)**11:15 am** Course Recommence (75 mins)**Section 5 – Your Support Network (25 mins)**

- Creating a powerful support network & finding allies
- Types of relationships
- Creating & nurturing the right relationships

Interactive 7 – Mapping your Support Network (50 mins)

Take inventory and map the stakeholders, assess their current network & understand gaps in their support system.

12:30 pm Buffet Lunch (30 mins)**1:00 pm** Course Recommence (120 mins)**Section 6 – Creating your Future (75 mins)**

- Getting clear on what you want
- How and who to negotiate with
- Getting clear on your support network

Interactive 8 – Aligned Goal-setting (45 mins)

Create a personal development plan with goals, actionable items and a support system plan.

3:00 pm Course Recap (15 mins)**3:15 pm** Men & Women's Panel Discussion (45 mins)

- What challenges facing when it comes to diversity and inclusion?
- What worries men? What is challenging for them?
- What is currently being done for women in the industry? What has worked, and what hasn't?
- What might men need to understand better to help make the industry more appealing and welcoming to women?
- How can we better work together?
- What legacy do they want to leave behind as leaders?

4:00 pm Close and afternoon tea